

- Do you provide care for a family member?
- Do you volunteer to care for someone outside your family?

FREE Respite Training for Volunteer Respite Providers, Family Caregivers, and Community and Faith-based Groups

REST (Respite Education and Support Tools) is an evidence-based training program delivering education and support to those offering a break to caregivers

Online ZOOM Training

August 26 and 27 8:30 a.m.-12:30 p.m. Must attend both days for certification

This a FREE event but you must register https://uamscaregiving.org/coa-rest/

For more information, 870-773-2030 Last day to register is August 21!







UAMScaregiving.org

The Arkansas Department of Human Services has approved 7.0 Continuing Education (CE) hours for completion of this REST course for Nursing Home Administrators and Licensed Nurses – Approval ID# AR 6323-DAAS19-7 This project is supported, in part, under a grant from the U.S. Department of Health and Human Services, Administration on Aging. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusion. These contents, however, do not necessarily represent the policy of the U.S. Department of Health and Human Services and endorsement by the Federal Government should not be assumed.